



*Pictured (L-R): President of Busby Auxiliary, Elaine Neville; Liverpool Hospital General Manager, Karen McMenamie; Director of General and Acute Care Medicine, Dr Colin MacArthur; and Acting LHAP Redevelopment Director, Jane Ferguson acknowledged the moment with project mascot, Toolman Ted.*

### Preserving a moment in history

On 26 July 1997, a time capsule was placed inside a wall of the then-new Clinical Building as part of celebrations for the official opening.

The Clinical Building was opened by the Premier of NSW and the Minister for Health at the time, and the time capsule was placed with plans for it to be opened 100 years later.

As part of the first stage of construction for the Liverpool Health and Academic precinct, a section of the Clinical Building will be demolished to make way for the new Integrated Services Building, providing a larger and more advanced space including a new Information Desk, Pathology, Neonatal Intensive Care Unit, Birthing, general clinics and more.

The time capsule and plaque were recently removed and are now with the Liverpool Hospital Library team for safe keeping until the new building is completed, where they will be relocated until the scheduled time capsule opening in 2097.

Director of General and Acute Care Medicine,

Dr Colin MacArthur, was Liverpool Hospital's General Manager for the opening ceremony in 1997, and recalls the event.

"I remember there was a raffle for the community to have their name on the plaque with the Premier before the capsule was placed into the wall."

While he knows the contents of the time capsule, which reflect the health service and community of the time, Dr MacArthur will keep that to himself to help preserve that point in history.

The Clinical Building was opened at the same time as the Thomas and Rachel Moore Education Centre, named after the Moore family who settled in 1809 and built their house on the site that would later become Liverpool Hospital.



*The time capsule was created in 1997 and will be opened in July 2097.*

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### 'Tuning In' to Mental Health Month

October was Mental Health Month and our project builders – Lendlease, ADCO and Roberts Co. – participated in advocating for and raising awareness of mental health in construction.

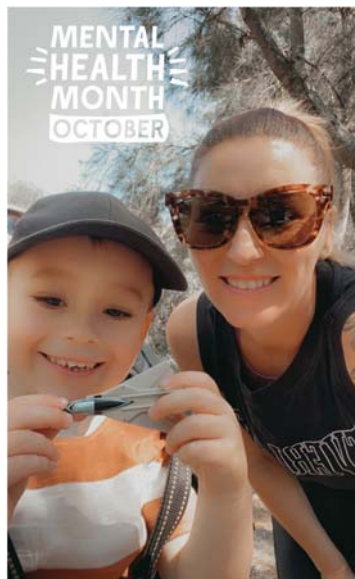
Roberts Co, our early works project builders, initiated 'Project 5', which is trialing a five-day working week for better work-life balance to improve the health and wellbeing of construction workers and their families. Project 5 is being trialed at Roberts Co's Liverpool and Concord Hospital projects. The initiative was also recently featured as of the Top 10 Innovations for property and construction in the *Australian Financial Review*.



Multi-storey car park builders, ADCO Constructions, held a toolbox talk with workers on site to discuss mental health issues arising in construction and how to mitigate these.

Main works contractor, Lendlease, implemented 'Wellness Wednesdays' – encouraging staff to spend time focusing on and enjoying things that are most important to them.

Wednesday afternoons were set aside for personal 'tune in' time to focus on health and mental wellbeing activities, like spending time with the family outdoors and going for walks.



### Meet Ed from ED...

**Role:** Senior Staff Specialist, Emergency Department

Ed has many years of frontline experience and has been an emergency staff specialist at Liverpool's Emergency Department (ED) since 2012.



As part of the redevelopment project, the ED will be enhanced and expanded into one of the largest emergency departments in Australia.

Ed is the Project User Group lead who provides clinical insights into how the current Emergency Department works and contributes expertise into the development of workspace design that will help enhance patient care into the future. In collaboration with various stakeholders, including architects, the LHAP project team and fellow ED staff, Ed is helping to ensure the future ED meets the growing needs of the community and provides the best possible care for patients.

"One of the most satisfying things is seeing how the plans have gone from coloured blocks on a page to fully comprehensive detailed plans," Ed said.

### Safety is a priority on our work sites

National Safe Work Month was held in October, highlighting the importance of building a safe and healthy workplace. ADCO Constructions embraced the initiative, hosting a barbeque for staff and taking the opportunity to discuss safety on site.

The event also celebrated workers, with awards for staff who have recently demonstrated a strong commitment to safety in the workplace.

ADCO continues to encourage and promote the advancement of a safe work culture. Great work, team!



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